

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Stockton Presents Seven Habits of Highly Effective People

For Immediate Release

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Galloway Township, NJ- Dr. Kathleen M. Sullivan will share insight with the Stockton community from one of the most influential and bestselling business texts of the twentieth century. The Stockton Center on Successful Aging will present a lecture titled “**Seven Habits of Highly Effective People**” on **April 29, 2009** at **6:00 pm** in the newly renovated **Alton Auditorium**. "Seven Habits" is a widely acclaimed program that focuses on proven principles of fairness, integrity, honesty and human dignity. Dr. Kathleen M. Sullivan, Senior Director of Service and Spiritual Programs at the University of Notre Dame (Indiana) and a Certified Covey Trainer, will discuss the program that helps people solve personal and professional problems.

While working on his doctorate in the 1970s Stephen R. Covey reviewed research on success. His review revealed that focus on specific solutions to specific problems was the norm. Long-term, underlying issues and problems remained unaddressed and presumably unresolved. The clarion call arose for a more systematic approach to address this deficit. Out of that research came “The Seven Habits of Highly Effective People,” a book that presents an "inside-out" approach to effectiveness that is centered on principles and character.

Dr. Sullivan joined the Notre Dame Alumni Association in 1987 after receiving her doctorate in