

# Stockton Center on Successful Aging to Host Car Fittings for Older Adult Drivers March 29

Stockton Experts Offer Free CarFit Check-ups in Galloway

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**Galloway Township, NJ-** The Stockton Center on Successful Aging (SCOSA) and Stockton mobility experts will host a CarFit safety program designed to help older drivers find the best fit into their driver seats on **Saturday, March 29, 2014**.

CarFit is a national program developed by the American Automobile Association (AAA), the American Association of Retired Persons (AARP) and the American Occupational Therapy Association and is designed to give a quick, yet comprehensive check on how well an older driver and his or her vehicle work together.

Stockton's Occupational Therapy, Physical Therapy, Speech Therapy, Nursing, Public Health, and Health Services will be joined by Kinship, FIT, and the Redwood Fire Department for the CarFit event on Saturday, March 29, 2014 from 10 a.m. to 2 p.m. in Parking Lot 5 of the Stockton Galloway campus. Registration is required by visiting the SCOSA website at [www.stockton.edu/e/e](http://www.stockton.edu/e/e)

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Occupational therapists will be on hand to provide consultations as requested and will teach drivers how to maintain and improve aspects related to their driving health. The therapist can also provide information to participants addressing individual needs, including information about local community resources on exercise, nutrition and other programs to help keep them safe on the road.

“It is critically important that mature drivers make safety a personal priority,” said Furphy.