

# STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



## The Stockton Center on Successful Aging Presents Mind Alert Workshops for Older Adults

Two Mind Alert Workshops Scheduled for October in Atlantic County

### For Immediate Release

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Galloway Township , NJ- Just in time for area older adults to fight the winter doldrums, the Stockton Center on Successful Aging will host two workshops titled “Stimulate Your Mind and Enhance Memory with Creative Experiences in Mental Fitness” led by certified Mind Alert Trainer and Assistant Professor of Psychology Dr. Jessica Fleck. The workshops are scheduled for Thursday, October 14 , 2010 at 10:00 a.m. at the Egg Harbor Township Senior Center on 5045 English Creek Avenue in Egg Harbor Township and on Thursday, October 21, 2010 at 10:00 a.m. at the Ventnor Senior Center on 6500 Atlantic Avenue in Ventnor. The workshops are free of c