

Office of Public Relations  
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## Friendships, Happiness, and Successful Aging are Subject of Upcoming Lecture at Stockton

### For Immediate Release

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**Galloway Twp., NJ** – “Good friends are priceless, particularly in old age”. A growing body of scientific evidence suggests that keeping up social contacts promotes health and happiness in old age. On April 17th from 7:00 p.m. – 8:00 p.m. in the Alton Auditorium at the Richard Stockton College of New Jersey, Walter Nicgorski, Ph.D., Professor of Liberal Studies and Professor of Political Science at the University of Notre Dame will discuss Classical Perspectives on Friendship and Aging. Drawing from the writings of Aristotle & Cicero, this lecture illuminates aspects of friendship and aging that remain vitally important for human happiness today, as was the case hundreds of years ago.

Nicgorski, a classically trained political theorist with primary interests in the political thought of Cicero, the American founding, and the theory and practice of moral and liberal education, has published extensively in journals such as *Political Theory*, *Interpretation*, and the *Political Science Reviewer*. He is former editor of *The Review of Politics*, has directed the National Endowment for the Humanities (NEH) summer seminars on Cicero, and held fellowships from the Lilly Endowment, the NEH and others.

The lecture is sponsored by the Notre Dame Club of South Jersey and the Stockton Center on Successful Aging. Since 1986, the Hesburgh Lecture Series has brought a taste of Notre Dame’s academic excellence to alumni and their local communities. The lectures have perpetuated the example of President Emeritus Rev. Theodore Hesburgh, C.S.C., as a lifelong