



# Foodie Tuesdays Coming to Stockton's Kramer Hall in Hammonton

Light Dining Combined with a Seminar and Discussion on Culinary Topics

## For Immediate Release

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Contact: Susan Allen  
Office of Media Relations  
Galloway Township, NJ 08205  
[Susan.Allen@stockton.edu](mailto:Susan.Allen@stockton.edu)  
(609) 652-4790

Galloway Township, NJ - Foodie Tuesdays at The Richard Stockton College of New in Hammonton offer teaching that will satisfy your taste buds and quench your thirst for knowledge.

Foodie Tuesdays are a series of continuing education courses focusing on culinary education. The classes are designed so that participants can sign up for one, all or any number of the courses. Each seminar begins at Kramer Hall, located at 30 Front Street in Hammonton, for a discussion and instruction from a culinary expert. Afterwards, the seminar will move a few blocks away to Rocco's Town House, located at 21 N. 3rd Street, for light dining in the heart of Hammonton's arts district.

To register for a course, please call 609-652-4227. Each class is \$35 and includes the seminar, discussion and dinner. There is a discount if you register for two or more classes at once or if you register with a friend for the same course.

Super Foods: What's the Magic about the Big 10?  
Tuesday, March 12, 6:00 - 9:00 p.m.

Many foods multitask for our bodies, providing combinations of nutrients, antioxidants, and other essential nutrients. This seminar will focus on the health benefits of these foods and their role in preventative health care, plant based and whole foods nutrition, and complementary and alternative forms of care. [www.stockton.edu/foodietuesdays](http://www.stockton.edu/foodietuesdays) -more -

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Yummmm, The Magic of Chocolate: Its Importance in History, Culture, and Pleasure!  
Tuesday, April 9, 6:00-9:00 p.m.

Lisajo Carrigan of Sassy Sweets in Hammonton will discuss the importance of chocolate in different cultures and through history. Participants will sample different forms of chocolate and cocoa.

New Jersey Wines: World Class in our Own Back Yard!  
Tuesday, May 14, 6:00- 9:00 p.m.